

Notified food-health relationships to make a health claim

(January 2023)

Standard 1.2.7 requires a person who is self-substantiating a food-health relationship in order to make a general level health claim to notify the Chief Executive Officer of FSANZ of the relationship before making a claim on food labels or in advertisements for food.

The person notifying must certify that the food-health relationship has been established by systematic review in accordance with Standard 1.2.7. [Read more about notifications.](#)

The list below is a record of food-health relationships that have been notified to FSANZ.

Disclaimer: FSANZ cannot guarantee and assumes no legal liability or responsibility for the accuracy, currency, completeness or interpretation of any information contained in the list of notified food-health relationships. FSANZ is not responsible for the enforcement of Standard 1.2.7 and does not assess compliance of the notified food-health relationships. Our role is only to administer the notification process. Publication by FSANZ does not indicate acceptance, approval or validation of the notified food-health relationship. Any concerns about the content of this list should be directed to an enforcement agency. [Read the list of agencies and departments responsible for enforcement](#)

Please note general level health claims based on notified food-health relationships may or may not be on food products in the market place.

Filter: Show 10 notifications

Food or property of food	Health effect	Business	Address	Notification date
Galacto-oligosaccharides	Enhance the growth of Bifidobacterium in the gut.	Modere Australia Pty Ltd	Level 1 200 East Terrace Adelaide SA 5000 Australia	20/07/2021
Galacto-oligosaccharides	Contribute to the maintenance of beneficial intestinal microbiota.	Modere Australia Pty Ltd	Level 1 200 East Terrace Adelaide SA 5000 Australia	20/07/2021
Galacto-oligosaccharides	Help to soften stool to ease bowel motions.	Modere Australia Pty Ltd	Level 1 200 East Terrace Adelaide SA 5000 Australia	20/07/2021
Galacto-oligosaccharides	Contribute to the maintenance of healthy gut function such as regular laxation.	Modere Australia Pty Ltd	Level 1 200 East Terrace Adelaide SA 5000 Australia	20/07/2021
Galacto-oligosaccharides	Contribute to the maintenance of gastrointestinal health.	Modere Australia Pty Ltd	Level 1 200 East Terrace Adelaide SA 5000 Australia	20/07/2021
Galacto-oligosaccharides	Help to support immune system function.	Modere Australia Pty Ltd	Level 1 200 East Terrace Adelaide SA 5000 Australia	20/07/2021
Prebiotic (Galacto-Oligosaccharides)	Supports gut health by contributing to a healthy intestinal microbiota balance	Attalia Human Health Australia Pty Ltd	8/85 Alfred Road Chipping Norton, NSW 2170	08/03/2021

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